



I-40 EXPRESS BUS - DESTINATION: NASHVILLE, TN

Operating Hours: Monday-Friday 6:00 am-6:30 pm
Call (833) 828-7477 to schedule a ride or for pick up.

CLOSED ALL MAJOR HOLIDAYS

COOKEVILLE TO NASHVILLE

TIMES LISTED BELOW INDICATE DEPARTURE TIME

STOP LOCATION	BUS 1	BUS 2	BUS 3
Depart Cookeville Transit Hub/Greyhound Station	6:00 a.m.	9:00 a.m.	12:00 p.m.
I-40 Exit 273 Silver Point (Putnam County)	6:20 a.m.	9:20 a.m.	12:20 p.m.
I-40 Exit 258 Carthage (Smith County)	6:40 a.m.	9:40 a.m.	12:40 p.m.
I-40 Exit 238 Lebanon (Wilson County)	7:00 a.m.	10:00 a.m.	1:00 p.m.
Nashville International Airport (Per Client Request)	7:30 a.m.	10:30 a.m.	1:30 p.m.
Nashville Greyhound Bus Station (Per Client Request)	8:00 a.m.	11:00 a.m.	2:00 p.m.

NASHVILLE TO COOKEVILLE

TIMES LISTED BELOW INDICATE DEPARTURE TIME

STOP LOCATION	BUS 1	BUS 2	BUS 3
Nashville Greyhound Bus Station (Per Client Request)	10:30 a.m.	1:30 p.m.	4:30 p.m.
Nashville International Airport (Per Client Request)	11:00 a.m.	2:00 p.m.	5:00 p.m.
I-40 Exit 238 Lebanon (Wilson County)	11:30 a.m.	2:30 p.m.	5:30 p.m.
I-40 Exit 258 Carthage (Smith County)	11:50 a.m.	2:50 p.m.	5:50 p.m.
I-40 Exit 273 Silver Point (Putnam County)	12:10 p.m.	3:10 p.m.	6:10 p.m.
Depart Cookeville Transit Hub/Greyhound Station	12:30 p.m.	3:30 p.m.	6:30 p.m.

OTHER ROUTES FROM COOKEVILLE, TN

OTHER ROUTES	DEPART	RETURN
Murfreesboro (Tuesday and Thursday Only)	7:00 a.m.	1:00 p.m.

The Nashville I-40 Express service provides a deviated fixed-route service from Cookeville to Nashville. The scheduled service runs three times per day, between 6 a.m. and 6:30 p.m., providing access to the Nashville airport, Greyhound bus station, and pre-scheduled stops. Fares to and from Nashville from Cookeville are \$9.50 each way. Fares to and from Nashville from other counties vary in each county. This services is funded by FTA, TDOT, fares, local revenues, and in-kind contributions.

