



Public Transportation



UC Public Transit Serves 14 Counties

The UC Public Transit program, operated by the Upper Cumberland Human Resource Agency, strives to provide safe, affordable, and dependable public transportation to residents of all ages in the fourteen county Upper Cumberland area of Tennessee:

Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White

**1-833-UCTRIPS
(1-833-828-7477)**

Visit us online to learn more:

www.uchra.com | www.ucpublictransit.com

A barrier for many people in the Upper Cumberland area is transportation and the ease of getting from one place to another. Travel Training, a program offered through UC Public Transit, strives to empower those with a disability or those who are unsure about using the UC Public Transit system. Let Travel Training make you independent and give you more freedom to go anywhere you want to go!

**Travel Training
Contact Information:**

**1-833-UCTRIPS
(1-833-828-7477)**



Public Transportation



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(1-833-828-7477)**

TRAVEL TRAINING PROGRAM

Project Funded under an Agreement with the Department of Transportation

*Travel Training gives you
the freedom to go
anywhere you want to
go!*

Visit us online to learn more:

www.uchra.com | www.ucpublictransit.com

TDD/TTY (Telecommunication Device for the Deaf)
LEP (Limited English Service Available) ITDD Users
Call 1-800-848-0298

UC HRA Upper Cumberland
Human Resource Agency



WHAT IS TRAVEL TRAINING?

Travel Training is a personalized training program that helps individuals develop transportation skills. Through the Travel Training Program, you can learn more about the UC Public Transit System, including

- ◆ How to use the UC Public Transit System
- ◆ How to schedule rides
- ◆ How to pay ride fares
- ◆ Personal safety skills

Travel Training Benefits:

- ◆ More flexibility in travel options
- ◆ More independence
- ◆ Self-sufficiency
- ◆ Mobility
- ◆ Community integration

Who should participate?

- ◆ Individuals with physical, cognitive, visual, or hearing impairment disabilities
- ◆ Older adults
- ◆ Anyone who would like to learn how to use public transit

Who benefits from Travel Training?

- ◆ The individual
- ◆ Parents
- ◆ Caregivers
- ◆ The community as a whole

Where can I go on a Travel Training Trip?

- ◆ Doctor's office
- ◆ Work
- ◆ Senior center
- ◆ Visit friends or family
- ◆ Shopping
- ◆ Restaurant

Types of Travel skills you will learn

- ◆ Transportation options
- ◆ Planning trips
- ◆ Scheduling rides
- ◆ Rider fare
- ◆ Appropriate travel behavior
- ◆ Safety skills
- ◆ Handling the unexpected

**TRAVEL TRAINING GIVES YOU THE
FREEDOM TO GO ANYWHERE YOU
WANT TO GO!**

How does Travel Training work?

- ◆ Travel Training is based on each individual's needs
- ◆ Contact the Travel Trainer to discuss your needs and to schedule a one-on-one assessment of your specific needs
- ◆ You and the Travel Trainer will then go over how to schedule a ride and how to travel on the UC Public Transit System
- ◆ Travel Training can be anything from a meeting with the Travel Trainer discussing the travel process to the Travel Trainer riding with you to help you learn how to travel independently.

**Travel Training is a free
service.**

**HOW TO SIGN UP FOR TRAVEL
TRAINING:
CALL 1 (833) 828-7477 TO
ARRANGE A TRAVEL TRAINING
CONSULTATION!**